

## Reception Home Learning - Week starting: 18.5.20

Here are some activities taken from the week 6 home learning sheet for you to have a go at.

Don't forget to take pictures of you and your work and upload them to Tapestry or send to the class email [westgreen.redclass@gmail.com](mailto:westgreen.redclass@gmail.com) so we can see all your brilliant work!

Literacy	Literacy	Maths	Maths	Physical Development
<p><b>Dream meal</b> Using recipes from books as a guide, create your own recipe for your dream meal. What would be your favourite things to eat? You could draw out the ingredients and label them and draw the finished meal. Try to write a few short sentences as instructions.</p>	<p><b>Play shops</b> Using toy food or old packaging, set up a food shop and act out being the shopkeeper and customer. Your grown-up could introduce coins to support your developing knowledge of money. Use a notepad or scrap paper to write a shopping list. You could also write some labels for the food.</p>	<p>Explore weighing and measuring food on the kitchen scales. Ask, what happens as you place more on the scales? Which items are the heaviest? Which are the lightest?</p>	<p>Look for numerals on packaging you find around the house. Can you recognise the numerals and count out a matching amount? Can you practice writing out your numbers to 20?</p>	<p><b>5 a-day</b> Create a food diary to record how many pieces of fruit and vegetables you eat in a day. You could write these using your phonic knowledge and / or draw a picture of each item.</p>
Expressive Arts and Design	Expressive Arts and Design	Understanding the World	Understanding the World	Physical Development
<p>Draw out a number of fruits or vegetables, large enough to fill a piece of A4 paper. Then collect a selection of colourful packaging. Can you cut out shapes from the packaging and collage on to your fruit picture.</p>	<p>Look at a range of different packages found around the kitchen. Talk to your grown-up about what makes them stand out so people want to buy them. Design your own package for some food you like.</p>	<p>Look at recipe books, food magazines and online recipes. Use your phonics knowledge to help you read the ingredients list with your grown-up. Select a recipe and make this together. Try to read the labels on packaging to figure out which ingredient it is.</p>	<p>With your grown-ups help, collect together a selection of items from your kitchen cupboards. Can you sort them into things that are healthy and unhealthy? Talk about why the food is good for you or bad for you. Look at the <a href="#">Eatwell plate</a> to help figure out which foods you should eat a lot of or not very much of.</p>	<p>Discuss how exercise is an important part of staying healthy. Watch and complete a 10 minute <a href="#">shake up</a>.</p>

